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Colonoscopy

_____ *Arrive at the facility at _____ am.

*Amount you owe to our office _____ in cash, debit, credit by _____. This is due 7 days prior to your procedure date. Please be aware this is only Dr. Awan's portion, and there will also be charges for the facility, anesthesia and pathology.

*NO aspirin or blood thinning medication 5 days prior to your procedure. If you are on medications like Coumadin, Xarelto, Eliquis, and/or Plavix, you need a verbal clearance from the doctor who prescribed the medications.

* You must stop the clear liquid diet at midnight, and ONLY continue the rest of the colon prep and water as indicated in the instructions.

*Do not take any other medications after 6 pm the night before your procedure unless they are heart or blood pressure medications, which you may take the morning of your procedure with a small sip of water, but nothing else to eat or drink on the day of the procedure.

* You will need a driver for the procedure.

SUPREP Bowel Prep

*****IMPORTANT*****

THE ENTIRE DAY BEFORE PROCEDURE LIQUIDS ONLY, NO EXCEPTION!!!!

Clear liquid diet consist of: Coffee (no creamer or milk products), Tea, Chicken or Beef broth, Carbonated and Non-Carbonated soft drinks, Popsicles, Jell-o or Fruit Juice without pulp, Kool-Aid, or Gatorade. AVOID RED or PURPLE colors as this may discolor the test area and cause inaccurate results. Avoid solid foods and dairy products. **IF YOU EAT ANY FOOD, OR HAVE DAIRY PRODUCTS THE DAY BEFORE YOUR PROCEDURE, YOU WILL BE RESCHEDULED!!!**

THE DAY BEFORE YOUR COLONOSCOPY:

At 7pm

1. Pour **One** (1) 6-ounce bottle of Suprep liquid into the cup.
2. Add cool drinking water to the 16-ounce line on the cup and mix.
3. Drink ALL the liquid in the cup.
4. You **MUST** drink Two (2) more 16-ounce cups of water over the next hour.

THE DAY OF YOUR COLONOSCOPY:

Three (3) hours prior to your arrival time at the facility:

Repeat steps 1 through 4 using the other 6-ounce bottle of Suprep.

Be sure and finish ALL of the solution and water. **DO NOT FOLLOW INSTRUCTIONS ON BOX**